



GAURAV VERMA

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10/150 Shiv Mandir, Wazirabad, Delhi 110054

PROFESSIONAL SUMMARY

Experienced Physiotherapist with over four years of experience in rehabilitation field. Excellent reputation for resolving problems, improving customer satisfaction, and driving overall operational improvements. Consistently saved costs while increasing profits.

WORK HISTORY

PHYSIOTHERAPY REGIONAL MANAGER

02/2019 to CURRENT

DocNok India Pvt Ltd | Delhi, Delhi

- To be responsible for the management and daily running of the Physiotherapy Department.
- To co-ordinate and manage the provision of physiotherapy services and any associated therapies, providing clinical direction and leadership for the department.
- Ensure management of team in line with BMI Policies and Procedures, including performance management, recruitment and absence management
- Ensure individual and team compliance of all mandatory training within BMI Learn timescales
- Undertaking specific role related training

SENIOR CONSULTANT PHYSIOTHERAPIST

11/2017 to 02/2019

DocNok India Pvt Ltd | Delhi, Delhi

- Evaluated and treated wide range of conditions, including chronic and acute pain, disc herniation, whiplash, dislocations, arthritis, Multiple Sclerosis, Parkinson's, stroke and neuropathy
- Developed standard operating procedures and document workflow for current and future process steps
- Provided observations, took measurements and performed tests at various stages according to quality control plan
- Used Physitrack app to chart patients' progress and update departmental records with data according to healthcare documentation regulation
- Taught patients how to live within limits of capabilities and celebrated successes

CONSULTANT PHYSIOTHERAPIST

04/2014 to CURRENT

Women Edu. & Welfare Society, Delhi | Delhi, Delhi

- Cater approximately 60 patients daily in a community of over 2000+ peoples covering all age groups from 5 to 80+
- Coordinated program referrals for community-based resources

- Updated treatment plans on monthly basis with latest intervention strategies and progress notes
- Worked with geriatric patients to understand requirements and provide exceptional physical therapy service
- Exhibited courtesy, compassion and respect to patients, families, caregivers, visitors, physicians, administrators and co-workers
- Administered therapeutic treatments including TENS, IFT, SWD and so on to ease patients' pain and facilitate healing of injuries
- Planned and efficiently supervised operations of 170 patient per month
- Aided and counseled patients adjusting to permanent physical disabilities
- Managed acute and chronic conditions with full understanding regarding complex therapy needs
- Identified and properly documented patient goals, evaluated progress and planned reevaluation

CONSULTANT PHYSIOTHERAPIST
Inner Wheel Club, Delhi | Delhi, Delhi

04/2014 to CURRENT

CONSULTANT PHYSIOTHERAPIST
Physiotouch Health Care Services

10/2014 to 12/2015

CLINICAL INTERNSHIP

03/2014 to 04/2014

PT. Deen Dayal Upadhaya Institute For Physically | Delhi, Delhi

- Restocked supplies, cleaned common surfaces and replaced linens between appointments.
- Enhanced practice efficiency by completing basic administrative tasks such as answering calls, scheduling appointments and arranging files.
- Completed passive and active manual therapy techniques to help patients manage pain and related symptoms.
- Assisted patients with employing assistive devices such as splints and braces to support treatment goals.
- Updated quality control standards, methods and procedures to meet compliance requirements.

CLINICAL INTERNSHIP

01/2014 to 02/2014

Composite Regional Centre, Lucknow | Lucknow, Uttar pradesh

CLINICAL INTERNSHIP

10/2013 to 12/2013

Safdarjung Hospital | Delhi, Delhi

EDUCATION

Master of Physiotherapy (sports)

08/2017

Institute Of Applied Medicines & Research, Uttar pradesh

Bachelor of Physiotherapy

04/2014

PT. Deen Dayal Upadhaya Institute For Physically Handicapped, Delhi

FIFA diploma in Football Medicine

04/2020

	Clinical Posting Lok Nayak Jai Prakash Hospital , Delhi 03/2013
	Clinical Posting Ram Manohar Lohia Hospital , Delhi 01/2013
	Clinical Posting Hindurao Hospital , Delhi 11/2012
SKILLS	- Intake assessments - Vulnerability and risk assessment - Educational leadership - Revenue assessment - Assessment reports and other documentation - Educational programming planning - Learning outcome assessment - Goal assessments - Evaluations and needs assessments - Client education - Self-care instructions - Patient evaluations - Records management - Strategic planning - Customer service - Documentation
RESEARCHES	□ Pre Resistive Exercises - Arnold 21 Vs De Lorme & Oxford Technique New concept Research including new abstract, readings, result. By- Dr. Gaurav Verma(PT) □ Dislocation of patella By - Dr.Maximillan Petri
LICENSE	The Delhi Council For Physiotherapy & Occupational Therapy <u>Regt. No. PT-682</u>
CERTIFICATES	World Education Services Education Credential Assessment Approved Masters Osteopathic Mobilization Of Spine Manual Therapy (Mulligan Concept) Dry Needling Kinesiotaping Automated External Defibrillator (AED) course Cardiopulmonary Resuscitation course Advance First Aid course FIFA diploma in Football Medicine
EXTRACURRICULAR	Admin- Facebook Page Worldwide Physiotherapy Social Network Forum