

Vandana Mahapatra



Post Graduate Physiotherapist

Contact

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Academics

Post Graduation : 2018 ~ 2020

- Manipal College of Health Professions (MHCP) – MAHE (KA)

Graduation : 2013 ~ 2018

- School of Allied Health Sciences (SOAHS) – MAHE Manipal

CBSE Intermediate : 2012

- DAV Public School, Berhampur

ICSE Matriculation : 2010

- St. Vincent's Convent, Berhampur

Languages

- English** - Full Professional Efficiency
- Hindi** - Full Professional Efficiency
- Odia** - Vernacular, Mother Tongue
- Kannada** - Manageable Efficiency

My Profile

Post Graduate Physiotherapist specializing in Neurosurgery with a demonstrated history of working in the health sector. A calm demeanor combined with excellent interpersonal skills gives me the opportunity to optimize health outcomes even under duress & exigencies. Committed team player & health professional with innate leadership capabilities & sound clinical expertise gained by treating patients from a multitude of diagnostic domains for 2 years at Kasturba Hospital, Manipal.

Higher Education Credentials

Post Graduation – August 2020 :

- Master of Physiotherapy (MPT) in **Neurosciences** with **Neurosurgery** as **Elective**
- Obtained **7.47 CGPA** out of 10 & cleared the specialization in **First Class**
- Manipal College of Health Professions (**MHCP**), **MAHE – Manipal**, Karnataka
- Research Paper** – ‘*Characterization of Upper limb spasticity using Tonic Stretch Reflex Threshold in patients with Traumatic Brain Injury*’ for which **medical journal publication** is under process

Graduation – February 2018 :

- Bachelor of Physiotherapy (BPT)
- Obtained **65.34%** & **graduated in First Class**
- School of Allied Health Sciences (**SOAHS**), **MAHE – Manipal**, Karnataka

Skills & Professional Expertise

- Sound practical expertise in **Neurology & Neurosurgery** Domains
- Commendable **patient assessment** skills & excel in **care of acute ICU patients**
- Broad understanding of rehabilitation in **patients with cardio-pulmonary issues**
- Passionate for treating of **geriatric population & rehabilitation in old age homes**
- Clinically experienced in handling & managing **specially abled patients/children**
- Evidence based research & functional rehabilitation** using household items
- Proficient in usage of **MS Office & medical data analysis** in concerned domain

Workshops & Conferences Attended

International Level :

- Manipal International Physiotherapy Conference (MIPCON), Manipal – 2017

National Level :

- Screening, Identification and Management of Diabetic Foot complications, MCHP, MAHE, Manipal – 2016
- Mangalore PHYSIOCON 2017 on Critical Care Physiotherapy, MCHP, MAHE – 2017
- Introduction to Manual therapy approaches, MCHP, MAHE – 2018
- Advances in Clinical and Sports Biomechanics, Department of Physiotherapy, MCHP, MAHE, Manipal – 2018
- CME on Neural plasticity after stroke, Department of Neurology, KMC Mangalore -
- CME on Upper Limb Motor Recovery Strategies in Stroke, Department of Physiotherapy, MCHP, MAHE, Manipal - 2019
- Instructional and Foundation course for Neurosurgery Residents, KMC Manipal - 2020
- Webinar topic- Motor and sensory rehabilitation in TBI, IFNR, 2020
- Webinar topic- NDT in stroke rehabilitation, Global Alumni Webinar Series, 2020

Extra – Curricular Interests & Hobbies

- Professionally trained** classical dancer specializing in **Odissi**
- Drawing, Sketching, Painting & Singing
- Listening to music & reading novels